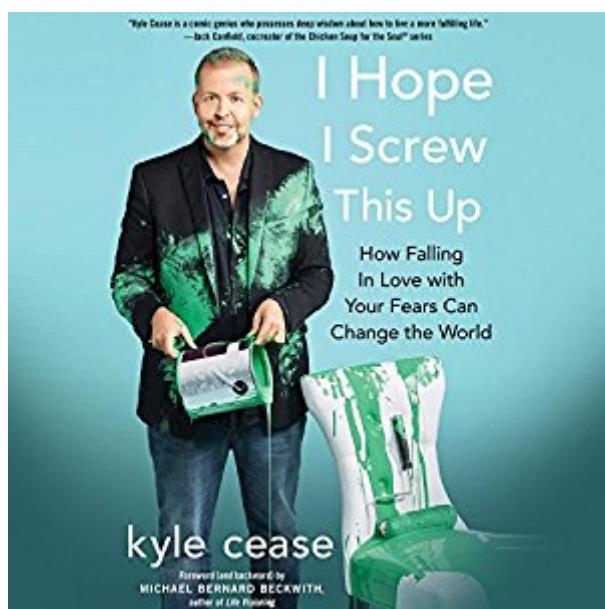


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# I Hope I Screw This Up: How Falling In Love With Your Fears Can Change The World



## **Synopsis**

A New York Times, USA Today, Wall Street Journal, and Publishers Weekly best seller! If Eckhart Tolle and Jim Carrey had a baby, that baby would be Kyle Cease. After 25 years of achieving what he thought were his dreams of being a headlining touring comedian and actor, Kyle Cease suddenly discovered that the belief that "when something happens, I will be happy" is a complete lie. With nothing more than an intuition, he decided to quit his stand-up career at its peak, and now - as a transformational comedian - he brings his one-of-a-kind self-help wisdom to sold-out audiences in his Evolving Out Loud Live stage show. In *I Hope I Screw This Up*, he disarms listeners as he leads them to their own personal breakthroughs, helping them to recognize that actual happiness and fulfillment is available to them - not in some distant future but right now. As he has shown audiences all over the world, when you embrace your pain, fear, and vulnerability instead of pushing it away, you will discover an authentic creativity and power that is truly unstoppable. Using self-deprecating personal stories and hilarious observations on life, Kyle unravels the deepest issues standing between us and emotional freedom. From discovering the never-ending opportunities that come from playing - and going with whatever comes up in the moment - to learning to let go of what feels heavy in our lives, this book is a journey into the endless possibility that can appear if we just dare to let go of our fear of screwing up. This is not motivation. This is not inspiration. This is true transformation.

## **Book Information**

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## **Customer Reviews**

and from the first page, Kyle Cease engages you. It's like a self help book that you gives you the

help almost unintentionally. I had pre-ordered it, so I kind of forgot about it. I tend to get caught up in ads. I'm the consumer they are geared at. An ADD buyer, purchasing on impulse and never using the product because I'm on to the next thing. In the case of this book, I was reminded of my purchase when it hit my doorstep. I have had a stressful and emotional week, losing a dear friend to cancer too soon, so I picked it up and began to read it. Clinging to each page like a life line. I am in transition and this book was just what I needed. I am laughing out loud and shedding tears at the stuff it is bringing up. Kyle Cease is also a speaker and I honestly feel like I'm sitting at an in person lecture, audience of one. Over the years I have tried to address my fear of letting go to "their story" and once I finish this book, I believe I'm on my way to discovering or acknowledging MY "calling" or purpose. If I ever meet this author, I would give him a big hug. He has started something for me no therapy, support group, or book has ever done.

Kyle, you are awesome. First, I want to start with that. I found this from an ad on Facebook, and your video drew me in, and I knew there was something to it. I kept scrolling by the ad until I felt this strong pull. I clicked the ad, watched the video, and I was hooked. I've been looking for something this real, authentic, and amazing. So, I ended up purchasing this book for the video, and I knew the book would be just as good. I'm also an author, so I laughed my head off at all the stuff you wrote that wouldn't be "correct" to put in a book, but it made it all the more fun for me to read. I talked about this book to everyone. I posted pictures on FB, and laughed so hard at the baby taco. Is this book the BEST written book. Hell, no. But, it is the most realistic, authentic book out there. There were pages where I was laughing, and pages that had me thinking super deeply. I got inspired to dig deeper and deeper into my true authentic self. This message is spot on for me, and I can see its not for everyone. But, seriously it's hilarious, deep, and one of the best books I've ever read. I've read a ton! It was the way you drew me in Kyle. I didn't want to STOP reading it. That's rare for me. Non-fiction I usually take forever, but I read this book in about a week. Let me tell you what I loved: Kyle is super authentic. He's probably a bit ADD, but that's what made it super hilarious and entertaining to read. I've never had a book with a baby taco for a chapter, I'll tell you that much! I love how he teaches you to tap into your heart, and get beyond the mind noise. I love Eckhart Tolle, and I know he jokes how if Eckhard Tolle and Jim Carry had a baby, he'd be it. That's super true! I love laughing, and I love depth, and this book perfectly balanced that for me. In fact, I'd read it again. I know I'd get more and more from it. I'd love to go to conference with Kyle, because I know it'd change my life. Guys, if you need a book to lighten up, make you think, and just REAL, this is it. What I didn't like: I liked it all. LOL. I loved this book as you can tell. If you are a grammar Nazi, you

won't like this because Kyle uses weird stuff sometimes. That's what makes it funny though. You gotta be able to handle the goofball flow of the book. READ THIS!

I had the Best time reading this book! You get to experience all of your own joy and resistance along with Kyle as he helps himself and you to connect with your highest self. The ridiculously hilarious analogies melt away any feelings of uncertainty and make the information easy to relate to. Getting clear about my WHY helped me have faith that the Universe is always supporting me and all is well! You'll laugh most of the way through this and if you do what he suggests, the quiet moments are just as good. Buy this book for yourself and at least one copy for a friend (because you'll want to highlight some stuff and go back to ready it again), you'll be happy you did! Thanks for being willing to write your way through this gift, Kyle!

It's been a while since I read a book in its entirety, so having just completed it, I must say that I would read it again and recommend it to anyone who asks. Kyle is funny and this book is chock full of magnificent insights, thoughts and ideas. I have also been following Kyle on his website and through YouTube, and having purchased one of his videos as well. They're all great and if you're looking for a new perspective using transformational comedy, Kyle is your guy! I believe that we are seeing a new generation of inspired speakers and comedians come onto the scene; Kyle's ability to combine them into "Transformedy" (one of his videos that you can buy on Ebay) is second to none. My copy is filled with highlights and underlines, and I've gone back to review those for extra reinforcement. Good thing my copy isn't from the library.

I was able to read an advanced copy of this book and it is hilarious! It's unlike anything I've ever read and is actually, truly life changing. Buy this book now! You won't regret it.

Kyle is a star. He is personally taking on the responsibility of waking up the world to possibility.

If only as a thought experiment, the exercises and reflections of I Hope I Screw This Up are refreshing and energizing. Having seen some of Kyle Cease's videos, I felt the book would be worth the time to read, and I was right. He uses comedy throughout, and points out typical ways in which people with abundant resources and skills limit themselves and waste their time. And then he points us toward ways of using what we have and who we are to bring good into the world.

Very different style of motivational book and I really appreciated how he encourages effort over perfection and also to make the most of failures. Failures can be a foundation for genuine and dramatic growth. What I liked less was some repetitiveness and a bit of rambling.

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